

## Diana Fassett PT, BS

Diana is passionate about physical therapy, patient education, and wellness. Diana obtained her degree in physical therapy from the University of Vermont in 2000. She worked for Banner University Medical Center from 2011-2016; she is most proud of being a part of developing their Pelvic Floor Therapy and Wellness Center. Prior to joining Banner, Diana spent 12 years as a multidisciplinary physical therapist at Carondelet St Joseph's Hospital; 10 years of which were dedicated to creating a comprehensive pelvic floor physical therapy and wellness program. In 2016, Diana opened Success Physical Therapy; current interventions address women's, men's and pediatric pelvic health issues, sports rehabilitation and orthopedics. Patients are seen for prenatal and post-partum orthopedic impairments, high-risk pregnancy issues, urinary and bowel leakage, pelvic pain, pediatric voiding dysfunction, and osteoporosis. Prior to becoming a physical therapist, Diana earned a Bachelor's of Science in Exercise Science and a minor in Health Studies, with a focus on corporate wellness. She has worked in corporate fitness, hospital wellness, and community athletic center environments. She has instructed clients in aquatic fitness, assisted as a high school cross-country coach, and has done extensive 1:1 coaching and personal training. Diana is committed to providing lecture format continuing education for patients and providers on pelvic health topics. Diana is married and enjoys hiking, yoga, equestrian sports, as well as spending time with family and friends.