

# Tiffany Piquilloud

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## **Executive Director/Lead Physical Therapist**

Tiffany Piquilloud, a Board Certified Specialist in Neurologic Physical Therapy, received her Bachelor of Arts in Psychology from University of California, Santa Barbara in 1991 and a Master's of Science in Physical Therapy from the University of the Pacific in 1993. She currently serves as the Executive Director and Lead Physical Therapist at Challenge Center, a non-profit organization that provides exceptional neuro-rehabilitation to seniors and people with disabilities on a sliding scale after their insurance coverage has ended; and continues with specialized assisted fitness services that maintain health and function to keep people in their own homes. Ms. Piquilloud has undergone extensive training in the treatment of neurological disorders, including the certification course in Neuro-Developmental Treatment (NDT). She has extensive experience in all areas of physical therapy, for both pediatrics and adults, and has pioneered several innovative approaches to restoring balance and agility in seniors and people with disabilities. Her Challenge Center Balance and Conditioning class has shown measurable improvements in over 98% of participants. During her time at Challenge Center Tiffany has worked diligently to expand her expertise in neuro-rehabilitation, disability and exercise, fall prevention and function in seniors, and long term treatment of acquired brain injuries and spinal cord injury rehabilitation, to name just a few. Tiffany's knowledge base and experience makes her a sought after speaker at a wide variety of meetings and seminars, as well as a guest lecturer at universities, doctor of physical therapy programs, occupational therapy programs, and the APTA Combined Section Meeting.

Ms. Piquilloud's extensive experience in physical therapy and healthcare, a strong business background, and dedication to the Challenge Center's mission, create an ideal combination for fulfilling the role of Executive Director at Challenge Center. As Executive Director, Tiffany oversees quality service delivery at the Challenge Center ensuring clients achieve their optimal functional level and realizing their dreams for recovery, and she leads the Center forward in its growth and goal to be the premier provider of extended Physical Therapy and Wellness and Fitness Services for seniors and people with disabilities.