

# Dr. Karen Litzy

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Dr. Karen Litzy graduated with her MS in Physical Therapy from Misericordia University and then graduated with a Doctorate in Physical Therapy in December of 2014 from Misericordia.

She is currently the owner of Karen Litzy Physical Therapy, PLLC, a concierge physical therapy practice in New York City, where she sees clients in their home, gym or office. Dr. Litzy consults with physical therapy colleagues on how to start and maintain a successful out of network physical therapy practice. Karen is also proud to serve as part of the social media team for the non-for-profit PT Day of Service. She is an elected member of the Nominating Committee for the Private Practice Section of the APTA. She is also the co-founder of the Women in PT Summit, an annual event to help to inspire, empower and amplify the voices of women in the PT profession.

Karen is the host of the weekly podcast Healthy Wealthy & Smart where she interviews influencers in the world of physical therapy, health, wellness and entrepreneurship.  
<http://podcast.healthywealthysmart.com>.

Website: <http://karenlitzy.com>

Twitter: @KarenLitzyNYC

Facebook: <https://www.facebook.com/HealthyWealthySmart>

LinkedIn: <https://www.linkedin.com/in/karenlitzydpt>

Instagram: <https://www.instagram.com/karenlitzy>